

Newsletter September 2016



Governing Group Meeting:

Our next Board of Governance Meeting will at 7.15pm Monday 10th October at the Centre.

Please remember you can text or email the centre with absences: 027 654 0356 or welc@xtra.co.nz

Into September already and the year is just flying by.

Are you on our facebook page? If not have a look for us, we try to keep you all up to date with what's been happening in the centre each week, and events coming up.

Next Thursday 22nd September we have a parent evening, on lunch box ideas. This will be run by Jade Winter who is a nutritionist, and has a lot of experience in these workshops. I've heard some really good feedback about them. She will be discussing ideas for lunch boxes, children's nutrition and will be making up a couple of simple recipe's. Come along 6pm at the centre, please feel free to bring a friend this is open to anyone who is interested.

Next Friday 23rd September we will be supporting loud shirt day. The theme for this year is "Mexican" so come along in your boldest shirt, we will be having lots of Mexican themed games and fun.

We currently have limited spaces available on some mornings, but do have afternoons available. so if you are wanting an additional booking for your child please see Rachel in the office. As our mornings are so full at the moment it is really important if your child is going to be absent to let us know. We have parents ringing most mornings wanting spaces for their children, so knowing if a child is going to be away would be really helpful.

School holiday forms are now out, could you please complete these and return as soon as possible. This is because over the holidays we have many children absent, but also children who want in over this time as well. It also helps us to staff accordingly over this time.

Christmas shut down dates: The centre will be closing for Christmas this year at 1pm on Friday 23rd December 2016. Please note the lunch time closure this year. We will reopen on Tuesday 10th January 2017 at 8am.

Our bank account is ASB Bank, Westport

Acc No: 12-3178-0231117-02 PLEASE MAKE SURE YOU USE THE CORRECT SUFFIX 02, NOT 00, THANKS.

Please put your child's name and also your account number (on the top right hand side of your invoice) as reference details so we can receipt your payment.

Hello! My name is Catherine Crichton. I am the Public Health Nurse for Westport. Part of my role is to provide Well Child Services to babies/children aged 0-3 years. If you would like to know more about my service please don't hesitate to contact me on 788 9210 or 027 520 8444.



The Danger's of Button Batteries

You may have seen in the media in recent times stories about children who have had the misfortune to swallow button batteries and the severe and long term consequences of doing this.

When a child swallows a button battery or inserts it into their nose or ears, it can get stuck. Saliva or other secretions trigger an electrical current that can cause severe burns within two hours. This can result in serious injury that may require surgery or can cause the death of the child.

Ann Weaver, Director of Safekids Aotearoa, warns that symptoms of button battery ingestion are similar to other common illnesses (coughing, drooling, loss of appetite and discomfort) making the problem very difficult to detect – this means prevention measures and active supervision are important.

Button batteries are found in many everyday devices such as torches, clocks, scales, remotes, singing books, greeting cards, led lights and hearing aids, many of which have easy to open battery compartments.

What to do in an emergency

If you know or suspect a child has ingested or inserted a button battery get help fast.

- *Go to the nearest hospital emergency department immediately. Tell doctors and nurses that the child may have swallowed a button battery.*
- *If possible, provide the medical team with the identification number found on the battery's pack.*
- *Do not let the child eat or drink until an x-ray can determine if a battery is present.*
- *Do not induce vomiting.*

